

In October 2013, MOT South Africa celebrates the organisation's 5th Anniversary. Although the training of MOT presenters and the implementation of MOT at Further Education and Training (FET) Colleges started in 2006, the organisation was registered as a Public Benefit Organisation in October 2008. This Newsletter is a special tribute to our donors who support the MOT vision in creating a warm and safe environment for the youth. During the last five years, MOT South Africa has trained close to 500 educators who inspire the youth everyday to show courage and to develop to their full potential. Thank you to our volunteers and MOT students who have become shining role models of the MOT values – Showing Courage to live; Courage to care and Courage to say no. Thank you to Prof Eltie Links and the Board of MOT SA who support MOT South Africa with their expertise, leadership and wisdom.

## MOT YOUTH CAMP – CAMP COURAGE



Photo of MOT Youth (Above): Back: Nathan Hendricks, Shaun Titus and Shaun Lewis from False Bay College, Czeslyn de Waal and Cecilia Cloete from College of Cape Town; Middle: Marita Heskja from Haugaland Skole, Norway, Tershia Richards (FBC), Helene Østbø from Bergeland Skole, Norway, Razique Cookson (CCT); Amanda Mase (FBC) and Cathrine Merkesvik (Haugaland Skole); Front: Jaclyn Albertyn and Zaiboenisa Pharo (CCT) and Nora Kristiansen (Bergeland Skole).

## MOT YOUTH AT NORTHLINK COLLEGE

With the vision of strengthening the youth to become positive and courageous leaders, MOT SA's first introduction of MOT Youth training was held by Northlink College on Friday, 16 August 2013. Five MOT students from Parow Campus were trained as MOT Youth Peer Educators. They will assist with the MOT programme facilitation for 1<sup>st</sup> year students next year.

Photo (Right): Students from Northlink College, Parow Campus trained as MOT Youth; Lucia Ngqongqwana, Zoleka Ndarala, Tanja le Roux, Irma Page and Agnesia Williams.

During the weekend of 28 to 30 September 2013, 14 students from four Colleges came together to experience the MOT Youth training. The MOT Youth Camp was held at the Cape Town Environmental Education Trust (CTEET) at Zeekoevlei. MOT Presenters from College of Cape Town (CCT) and False Bay College (FBC) facilitated the sessions with the students. The objectives of the camp were for the youth to get to know themselves and one another, to identify their life goals and dreams, to learn about their values and how to make conscious life choices. The students also learned various MOT tools to be able to present the MOT programmes to their peers and assist with various MOT activities at their campuses, including Values Week, Courage to Care Day and Dignity Day. The group was also inspired and entertained by talks from the Chairperson of MOT SA, Prof Eltie Links and MOT SA Brand Ambassador, Natalie Becker.



## MOT SOUTH AFRICA'S PLATINUM & GOLD SPONSORS





## MOT SOUTH AFRICA'S 4<sup>TH</sup> ANNUAL GENERAL MEETING



Photo (Above): Members represented at the AGM; Neil Maggott (Acting CEO: Northlink College), Mauricio de Faria (Auditor: RSM Betty & Dickson), Cameron Dugmore (Guest speaker & Special Advisor at the South African Presidency), Prof Eltie Links (Chairperson: MOT SA) and Larry Rodger (Auditor: RSM Betty & Dickson).

On Wednesday, 12 June 2013, 88 delegates attended the 4th Annual General Meeting (AGM) of MOT South Africa, hosted and sponsored by Old Mutual and Tsebo/Fedics. The guest speaker was Cameron Dugmore, Special Advisor to Minister Trevor Manuel in The Presidency of South Africa and a former Member of the Executive Council (MEC) for Education in the Western Cape. Mr Dugmore encouraged the members to develop their own personal plan and vision for the future and to make the right choices to reach that vision. Four MOT students gave feedback on the impact of MOT on their lives. They mentioned how MOT has motivated them to complete their studies and to serve their communities. One student developed the courage and leadership skills to serve on the SRC. Heavenly Quartez, a group of young singers from Khayelitsha, performed the MOT song with learners from Bishops School of Skills in Bishop Lavis. To watch a video of their rendition of the MOT song, open the link at: <http://youtu.be/xsePsWHTt8Q>.



Photo (Left): MOT students gave testimonies on the impact of MOT on their lives; Aneesa Damon (College of Cape Town), Jerimetro Jacobs (West Coast College); Robin van der Byl (False Bay College) and Mishkah Apollis (False Bay College).

## MOT SOUTH AFRICA HOSTS JOB READINESS WORKSHOPS

39 MOT Alumni recently attended job readiness workshops, held by MOT SA in Crawford, Stellenbosch, Malmesbury and Paarl. The objectives of these workshops are to improve the youths' capacity to gain employment and to be successful in the workplace. MOT SA has a partnership with the Red Cap Foundation's Jumpstart project. This involves the placement of students, who have completed the MOT programme, at Mr Price stores for on-the-job training, with the possibility of permanent employment. So far, seven MOT Alumni have been successfully employed by Mr Price as a result of this partnership.



Photos (Right & Above): Delegates at two of the workshops held in Paarl and Malmesbury with MOT Coordinators, Delia Timmie and Nizaam Pasha.



# MOT "COURAGE TO CARE" & MANDELA DAY 2013

Photo (right): Students from West Coast College, Malmesbury Campus clean and re-arrange the shelves at the Municipal Library.



On 18 July 2013, MOT Colleges and Schools celebrated Mandela Day by hosting various "Courage to Care" Day activities. Students had the opportunity to learn about active citizenship and community involvement. They developed an understanding and affirmation that they can make a difference. The Early Childhood Development (ECD) students from College of Cape Town, Crawford Campus entertained young patients at the Red Cross Children's Hospital by reading books and playing board games with them. They also read to learners at Athlone Pre-Primary and donated books to a primary school. Wynberg Campus had a toy collection, which was donated to the Red Cross Children's Hospital. West Coast College, Malmesbury Campus students held a prayer service at the Haven Night Shelter in West Bank, cleaned the Municipal Library and visited an Old Age Home in Malmesbury. The Atlantis Campus students visited Luncedo Educare Centre where they played, sang and read stories to the children. MOT Presenter and Student Support Officer of Atlantis Campus, Jameelah Nathie, gave educators a brief information session on the principles of MOT and how they can apply them in their everyday lives in running the Daycare, and inculcate the values of MOT in the children, even at a young age. False Bay College handed collected items to Living Hope in Fish Hoek and was involved in community projects at Khulani Educare Centre in Khayelitsha and Westlake Clinic. Boland College, Paarl Campus donated items to night shelters and community organisations. Northlink College had a joined MOT initiative, whereby all seven Campuses participated in a variety of "Acts of Kindness". Vusisizwe Secondary School learners painted houses and cleaned streets in the Zwelethemba township in Worcester.



Photo (Above): West Coast College students and staff held a prayer service at the Haven Night Shelter; Wilson Tanderera (MOT Presenter and Lecturer), Enver Koopman (Student Representative Council [SRC] Deputy Chairperson), Jason Martinus Douglas (SRC Chairperson) and Akhona Faku (SRC Treasurer).



Photo (left): Northlink College Campuses celebrated Mandela Day and "Courage to Care" Day with various Acts of Kindness; Trish van der Merwe, Cheslynn Johnson, Margaret Jones, Rene Bonzet, Pierre De Waal and Ivan Swart.



## NEW BRAND AMBASSADORS FOR MOT SOUTH AFRICA

### SIBONGILE MANGANYI



Sibongile Manganyi (33) was born in Soweto in 1980 and the youngest of 14 children. At a young age she started to make choices and showed courage to gain opportunities for a better education. In 2004, she graduated with a degree in architecture and at the age of 26, she established Indigo Kulani Group. Today, she is the Managing Director of this 100% black and women-owned multi-disciplinary holding company, with 36 professionally qualified employees. In 2012, Sibongile scooped the prestigious Businesswoman of the Year title in the Van Ryn's BBQ Awards. She has a strong passion to plough back to society and education, which led to the establishment of Indigo Kulani Educational Foundation. The Foundation offers scholarships and bursaries to students from various backgrounds who achieve exceptional results, but face financial challenges in furthering their studies. *"I believe that a successful nation is determined by the passing of vision from one generation to the next. Mentorship is also very important in preparing future generations for their careers and their personal lives."* - Sibongile

At the age of 17, Vusi was already ranked 1st in Africa for motivational speaking. As one of the best motivational speakers and keynote speakers alive today, he has spoken on 4 of the 7 continents to over 250 000 people each year. Born in Benoni, his public speaking started at high school where he was able to compete with the best young public speakers from all over the world. Vusi received an invitation to compete in the Australian Top 16, held in New South Wales. This platform convened every 5 years and sees the top 16 speakers from all over the world battling it out for top honours. Vusi, the youngest speaker and only African ever invited to this gathering, rose to the challenge and won the competition and was described by the convenors of Australia Top 16 as "the world's youngest and most impressive public speaker". Vusi is a black-belt martial arts competitor and has been a national champion for two consecutive years. Today, at 27, Vusi is the Managing Director of MOTIV8 - a specialist consulting and services business. He has been honoured as finalist at the Entrepreneur of the Year Award in both 2008 and 2009 and dubbed an "entrepreneur extraordinaire" by the premium business magazine, The Deal. Vusi was described by Nelson Mandela as "A true reflection of the freedom for which we fought".

### VUSI THEMBEKWAYO



### MOT SA PROGRAMMES & TRAINING MANAGER

Elroy Duckitt (33) was appointed as the new Programmes & Training Manager for MOT South Africa. He joins MOT after 10 years of experience in the co-ordination and management of Youth, Sports and Community Development projects. In 2005 and 2006, Elroy studied in the United Kingdom where he obtained certificates in Sports Coaching and Community Leadership Development. He also completed a Business Management Certificate at the University of Stellenbosch and is studying towards a Human Resource Management Certificate at Cape Town University of Technology. Elroy will be managing the training of new MOT presenters at schools, colleges and in communities, provide support and training to current MOT presenters and will support the sustainable development and growth of MOT in South Africa.

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